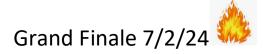
FEAR (multi month study 2024)



July was our grand finale on our study of conquering fear! We brought our greatest fears written on paper and threw them in the fire to show that we should give our fear to God and then let it there nailed on the cross of Jesus Christ. Psalm 56:3-4

When I am faced with fear am I going to forget everything and run? Or am I going to face everything and rise? The choice is mine.

Worship is a spiritual weapon.

What is fear? As a noun=unpleasant emotion As a verb=to be afraid something will harm you "fear God"=holy awe or reverence

#### Types of Fear

- 1. Rational fear occurs when there is real and imminent threat (ie. someone threatens you).
- 2. Primal fear is innate natural fear programmed in our brains (ie. fear of snakes to avoid being bitten).
- 3. Irrational fear does not make logical sense (ie. fear of friendly clown).

### **F** False

E Evidence

### A Appearing

### **R** Real

Other words to describe fear and it's consequences: fret, worry, cower, feel out of control, "what if", want to run away, feel paralyzed, no confidence, feel insecure, avoid confrontation, want to fight rather than understand, unable to make decisions, lack faith, ...

Is fear found in the Bible? Absolutely! The topic of fear is found hundreds of times in whichever translation of the Bible you are using.

Satan is the great deceiver and a source of fear. He robs you of confidence.

God keeps His promises and says Fear not for I am with you. You can gain confidence in God's Word. Our heavenly Father knows best and works all things to our good.

Fear is the opposite of Faith. Faith over fear.

Responses to fear: fight, flight or freeze.

We are accountable to God for:

-motives

-thoughts

-actions

-words....

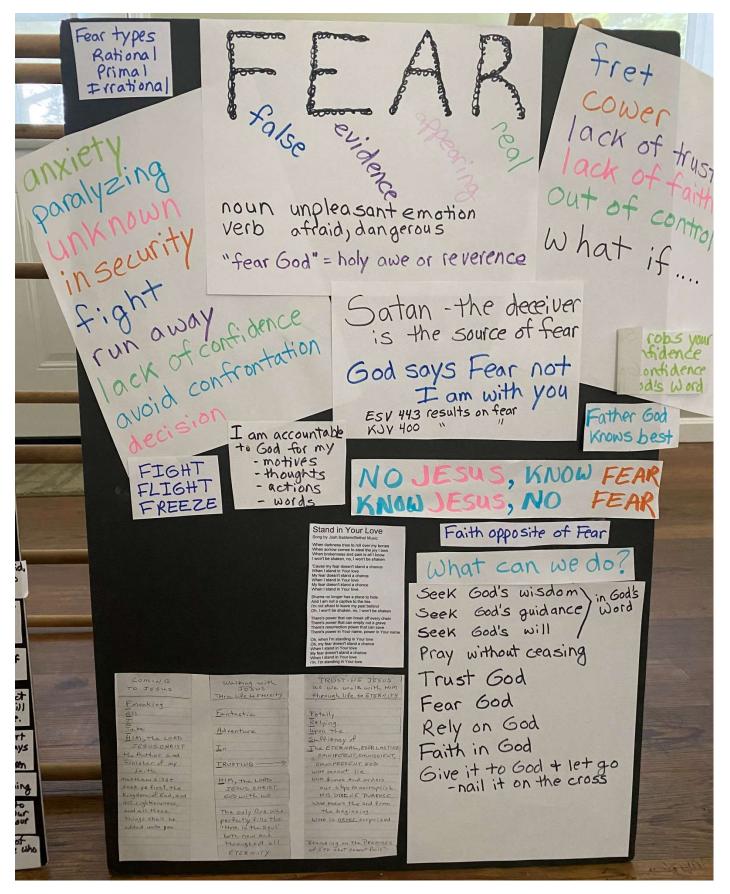
NO Jesus, know fear. Know Jesus, NO fear.

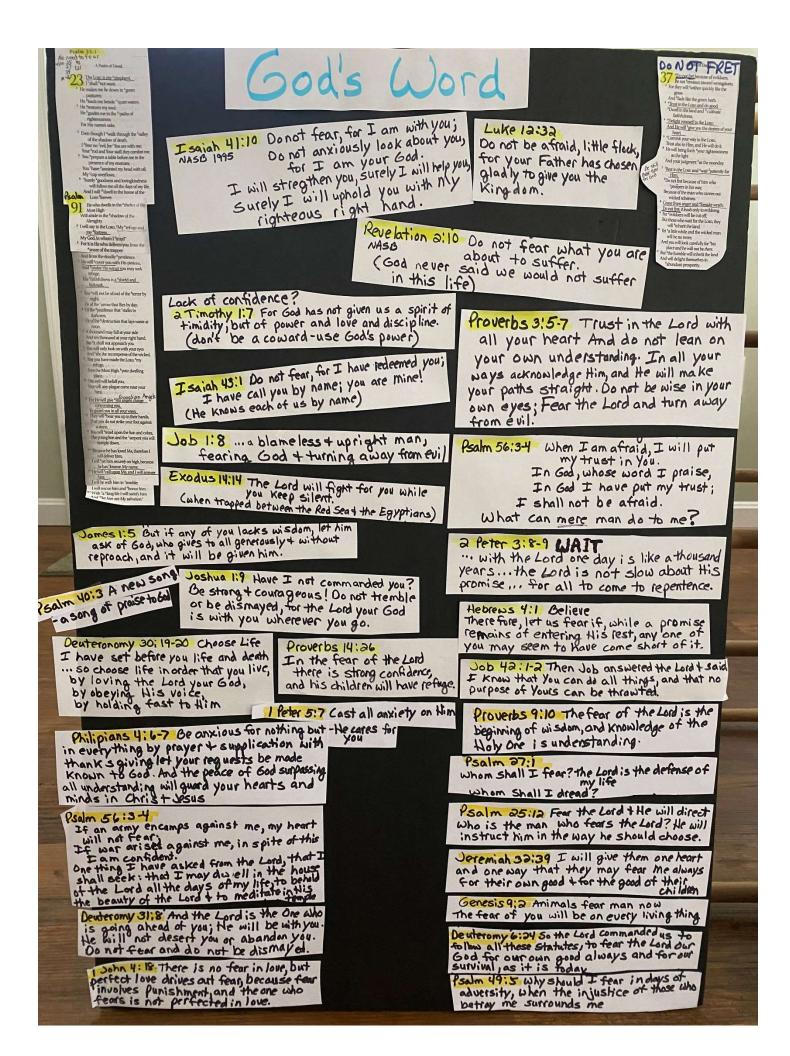
What can we do when fear overtakes us? -seek God's wisdom -seek God's guidance -seek God's will -trust God -fear God -rely on God -have faith in God How? Pray to God and read God's Word frequently Give it to God and then let it there nailed on the cross of Jesus Christ. Let Go-Let God Let your faith be bigger than your fears. Encourage others. Lift them up. This helps you as much as it helps them.

God's Word: the following is only a small sampling of the hundreds of references to fear in the Bible-find your favorites and memorize them so that when you fear you will remember that God is with you ALWAYS in ALL circumstances.

Psalm 23 (our Shepherd), Psalm 91 (our Refuge), Isaiah 41:10 (our God), Luke 12;32 (our Father, Psalm 37 (do not fret), Revelation 2:10 (God never said we would not suffer or have trials in this life), 2 Timothy 1:7 (do not be a coward-use God's power), Isaiah 43:1 (God knows my name), Job 1:8 (fear God), Exodus 14:14 (our Warrior), James 1:5 (seek wisdom), Joshua 1:9 (God with us), Deuteronomy 30:19-20 (choose life), Proverbs 3:5-7 (trust God), Psalm 56:34 (what can mere man do to me), 2 Peter 3:8-9 (wait), Hebrews 4:1 (believe), Job 42:1-2 (God's plan-God is in control), Psalm 25:12 (fear the Lord & He will direct), Genesis 9:2 (animals fear man after the flood), Psalm 27:1 (whom shall I fear?), Psalm 40:3 (a new song), I Peter 5:7 (cast all anxiety on God-He cares), Philipians 4:6-7 (peace of God), Psalm 27:3-4 (no fear even in war), Deut 6:24 (fear God), Psalm 49:5 (no reason to fear),1 John 4:18 no fear in love, Deuteronomy 31:8 (God is with you) ....

## Our boards:





## What HE (The Lord Jesus Christ) Is to Me

- A. HE is the ALPHA and Omega, the ANOINTED One, the AUTHOR and finisher of our faith, the ANCHOR of the Soul. HE is my ALL in ALL.
- **B.** HE is the **BREAD** of life, **BELOVED** of the Father, the **BREAST** plate of righteousness, the **BALM** of Gilead. HE is my **BUCKLER** and **BELOVED** Elder **BROTHER**.
- C. HE is the CREATOR, the CHRIST, the New COVENANT. HE is CHARITY, my COMMANDER in CHIEF, my CAPTAIN, my COUNSELOR. HE is my COMFORTER and CONSTANT COMPANION.
- D. HE is DIVINE, the DELIGHT of my soul. HE is my DELIVERER,
- E. HE is ETERNAL, from EVERLASTING to EVERLASTING. HE is EVERYTHING.
- F. HE is FAITHFUL, the FAIREST of ten thousand to my soul, my closest FRIEND.
- G. HE is GOD, the GLORY of the Father, the GOSPEL. HE is the GOOD Shepherd and sends the GUARDIAN Angels. HE is my GUIDE.
- H. HE is the HELMET of Salvation, the beauty of HOLINESS. HE is my HOPE and my HABITATION.
- I. HE is the great I AM, the INFINITE, the worker of the IMPOSSIBLE, my IDOL. HE is our INTERCESSOR.
- J. HE is JESUS, the JUST One, the JUDGE of the world. HE is JOY unspeakable, my JUSTIFICATION.
- K. HE is the KING of KINGS. HE is KINDNESS and my KEEPER.
- L. HE is the LORD, the LAMB of God, the mighty LEADER. HE is the LILY of the Valley, my LIGHT, my LIFE, my LOVE.
- M. HE is the MASTER and MEDIATOR between God and man, the hidden MANNA, the MAINTAINER of my soul.
- N. HE is NOBILITY, the NEW MAN, the NEW NATURE, the NEW COVENANT. HIS NAME is above every NAME.
- O. HE is OMNIPOTENT and OMNIPRESENT, the ONLY ONE who can save. HE is the OIL of Gladness.
- P. HE is the **PROMISED One**, the **PRINCE of PEACE**. HE is all **POWERFUL**, our High **PRIEST**. HE is the **PRESERVOR**, the great **PHYSICIAN**, and **PEARL** of great **PRICE**. HE is my **PILOT**, my **PRAISE** and more **PRECIOUS** than rubies.
- O. HE is QUALIFIED for HIS high position. HE is my QUIET resting place.

		TIL IS QUALTER IN THE INFIT POWER AND A COMPANY AND A COMP
	2	
	R.	HE is the REVELATOR, the ROYAL ROBE of RIGHTEOUSNESS, the Beautiful
		ROSE of Sharon. HE is the ROCK of ages, the ROCK of my salvation and my
		REFUGE.
	S.	HE is SPIRIT. HE is the SAVIOUR, a SHELTER in time of storm. HE is the
		SATISFYING portion, the Bright and Morning STAR. HE is my STRENGTH, my
		SOLID foundation, my SHIELD.
	T.	HE is my high TOWER, the TREASURE of my heart.
	U.	HE is the ULTIMATE of the Father. HE is UTOPIA, my UTMOST possession, the
		UNDER-GIRDING Spirit and my UNCTION.
	v.	HE is the VOICE of God, the VALIANT warrior against sin and Satan. HE is the
		VICTOR. HE is our VERY present help in time of need.
	w.	HE is the WORD. HE is WISDOM. HE is the WATER of Life, a WELL of living
		WATER. HE is WONDERFUL.
	x.	HE is the XCEPTED of God, the XAULTED One. HE is XCELLENT. HE is our
		Highest XECUTIVE.
	Y.	HE is the YIELDED One to HIS Father's Will. HE YEARNS for all humanity and as HE
		is the light, so are YE in the world. YET a little while and YE shall crown HIM King of
		Kings and Lord of Lords.
	Z.	HE is ZEAL. HE is ZEALOUS for HIS People, HIS little flock and HIS own.
~	T	bet Evangelistic Crusade Box 998 Anache Junction Arizona 85220

Music can really feed our soul when we are fearful. The following are songs that our group really liked.

## The Joy of the Lord Song by Soul Survivor

... **Though tears may fall** My song will rise, my song will rise to You Though my heart may fail My song will rise, my song will rise to You While there's breath in my lungs I will praise You, Lord

#### ... In the dead of night

l'II lift my eyes, l'II lift my eyes to You When the waters rise I'II lift my eyes, l'II lift my eyes to You While there's hope in my heart I will praise You, Lord

### $\ldots$ The joy of the Lord is my strength

The joy of the Lord is my strength In the darkness I'll dance In the shadows I'll sing The joy of the Lord is my strength

#### ... When I cannot see You with my eyes

Let faith arise to You When I cannot feel Your hand in mine Let faith arise to You God of mercy and love I will praise You, Lord

#### ... Oh You shine with glory Lord of light

I feel alive with You In Your presence now I come alive I am alive with You There is strength when I say I will praise You, Lord

#### $\ldots$ When sorrow comes my way

You are the shield around me Always You remain Like courage in the fight I hear You call my name Jesus, I am coming Walking on the waves Reaching for Your light

## Evidence

Song by Josh Baldwin

All throughout my history Your faithfulness has walked beside me The winter storms made way for spring In every season, from where I'm standing

Help me remember when I'm weak Fear may come, but fear will leave You lead my heart to victory You are my strength and You always will be

See the cross, the empty grave The evidence is endless All my sin rolled away Because of You, oh, Jesus See the cross, the empty grave The evidence is endless All my sin rolled away Because of You, oh, Jesus Oh

I see the evidence of Your goodness All over my life, all over my life I see Your promises in fulfillment All over my life, all over my life, yeah I see the evidence of Your goodness (when I wake up in the morning) All over my life (I see Your mercies are new) All over my life (yeah, You're all around us) I see Your promises in fulfillment All over my life, all over my life (yeah, You're all around us)

So why should I fear? The evidence is here Why should I fear? Oh, the evidence is here

## Fear Is Not My Future

Song by Chandler Moore, Kirk Franklin, and Maverick City Music Let Him turn it in your favor Watch Him work it for your good He's not done with what He's started He's not done until it's good

If you're ready for a breakthrough, yeah Just open up and just receive, yeah 'Cause what He's pouring out is nothing You've ever seen You've ever seen, yeah

Hello, peace hello, joy Hello, love Hello, strength hello, hope, It's a new horizon

It's a new day

Fear is not my future You are (You are) Sickness is not my story You are (You are), You are (You are) Heartbreak's not my home You are (You are), You are (You are) Death is not the end You are, You are (oh)

Fear is not my future You are (You are), You are (You are) Sickness is not my story You are (You are), You are (You are) Heartbreak's not my home You are (You are), You are (Death is not the end) Death is not the end Jesus, You are (You are), You are

So hello, peace hello, joy Hello, love Hello, strength hello, hope, It's a new horizon (the sun is coming up)

Fear is not my future You are (You are), You are (Sickness is not your story) Sickness is not my story You are, You are (Heartbreak is not your home) Heartbreak's not my home You are (You are) You are (Death is not the end) Death is not the end Jesus, You are

## Fear Is a Liar

Song by Zach William When he told you you're not good enough When he told you you're not right When he told you you're not strong enough To put up a good fight When he told you you're not worthy When he told you you're not loved When he told you you're not beautiful That you'll never be enough

When he told you were troubled You'll forever be alone When he told you you should run away You'll never find a home When he told you you were dirty And you should be ashamed When he told you you could be the one That grace could never change

Fear he is a liar He will take your breath Stop you in your steps Fear he is a liar He will rob your rest Steal your happiness Cast your fear in the fire 'Cause fear he is a liar

Let Your fire fall and cast out all my fears Let Your fire fall Your love is all I feel

Oh, fear he is a liar He will take your breath Stop you in your steps Fear he is a liar He will rob your rest Steal your happiness Cast your fear in the fire 'Cause fear he is a liar

# Stand in Your Love

Song by Josh Baldwin/Bethel Music

When darkness tries to roll over my bones When sorrow comes to steal the joy I own When brokenness and pain is all I know I won't be shaken, no, I won't be shaken

'Cause my fear doesn't stand a chance When I stand in Your love My fear doesn't stand a chance When I stand in Your love My fear doesn't stand a chance When I stand in Your love

Shame no longer has a place to hide And I am not a captive to the lies I'm not afraid to leave my past behind Oh, I won't be shaken, no, I won't be shaken

There's power that can break off every chain There's power that can empty out a grave There's resurrection power that can save There's power in Your name, power in Your name

Oh, when I'm standing in Your love Oh, my fear doesn't stand a chance When I stand in Your love My fear doesn't stand a chance When I stand in Your love Oh, I'm standing in Your love

# I Will Fear NO More

Song by The Afters Every anxious thought that steals my breath It's a heavy weight upon my chest As I lie awake and wonder what the future will hold Help me to remember that You're in control You're my courage when I worry in the dead of night You're my strength 'cause I'm not strong enough to win this fight You are greater than the battle raging in my mind I will trust You, Lord I will fear no more

I will lift my eyes I will lift my cares Lay them in Your hands I'll leave them there When the wind and waves are coming You shelter me Even though I'm in the storm, the storm is not in me

You're my courage when I worry in the dead of night You're my strength 'cause I'm not strong enough to win this fight You are greater than the battle raging in my mind I will trust You, Lord I will fear no more (Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more (Oh-oh-oh-ohh, oh-oh-oh-ohh) I will fear no more No power can come against me 'Cause You have overcome No darkness can overwhelm me 'Cause You've already won No power can come against me 'Cause You have overcome (Oh-oh-oh-ohh, oh-oh-oh-ohh) No darkness can overwhelm me 'Cause You've already won You're my courage when I worry in the dead of night You're my strength 'cause I'm not strong enough to win this fight You are greater than the battle raging in my mind I will trust You, Lord (Trust You, Lord) I will fear no more (Fear no more)

# Break Every Chain (Power in the Name of Jesus)

Song by Jesus Culture

There is power in the name of Jesus

There is power in the name of Jesus

There is power in the name of Jesus

- To break every chain
- Break every chain
- Break every chain
- All sufficient sacrifice
- So freely given
- Such a price

Bought our redemption

Heaven's gates swing wide

# The Answer

Song by Jeremy Camp

So many questions, the world is reaching So many hurting, so many lost With all this thriving, who can we lean on? Creations crying, out from the dark

I know the answer, to every question The one solution, to every fear I know my helper, where it comes from Jesus, He is the answer

He sees our sadness, He feels our sorrow And in our weakness, He is strong He holds the weight of, all of our failings Greedy is our sin but greater the cross I know the answer, to every question The one solution, to every fear I know my helper, where it comes from Jesus, He is the answer

For every heart that's breaking For every soul that's shaking For every sickness, there's healing in Your hands Let every heart awaken To see it's You who saves us You are my help and the rock on which I stand

You are the answer, to every question The one solution, to every fear You are my helper, where it comes from Jesus, You are the answer Oh Jesus, You are the answer

You are the answer You are the answer You are the answer

## Faith is the Victory

 Encamped along the hills of light, Ye Christian soldiers rise, And press the battle ere the night Shall veil the glowing skies; Against the foe in vales below Let all our strength be hurled; Faith is the victory, we know, That overcomes the world.

> Faith is the victory! Faith is the victory! O glorious victory, That overcomes the world.

- 2 His banner over us is love, Our sword the Word of God; We tread the road the saints before With shouts of triumph trod. By faith, they like a whirlwind's breath, Swept on o'er every field; The faith by which they conquered death Is still our shining shield.
- On every hand the foe we find Drawn up in dread array;
  Let tents of ease be left behind, And onward to the fray.
  Salvation's helmet on each head, With truth all girt about,
  The earth shall tremble 'neath our tread, And echo with our shout.

4 To him that overcomes the foe, White raiment shall be giv'n; Before the angels he shall know His name confessed in heav'n; Then onward from the hills of light, Our hearts with love aflame, We'll vanquish all the hosts of night, In Jesus' conqu'ring name.

## Victory In Jesus

I heard an old, old story How a Savior came from glory How He gave His life on Calvary To save a wretch like me I heard about His groaning Of His precious blood's atoning Then I repented of my sins And won the victory, yeah

Oh, victory in Jesus, my Savior forever He sought me and bought me with His redeeming blood He loved me 'ere I knew Him and all my love is due Him He plunged me to victory beneath the cleansing flood

I heard about His healing Of His cleansing power revealing How He made the lame to walk again And caused the blind to see And then I cried, "Dear Jesus, come and heal my broken spirit" And somehow Jesus came and brought to me the victory

Victory in Jesus, my Savior forever

He sought me, and He bought me with His redeeming blood He loved me 'ere I knew Him and all my love is due Him He plunged me to victory beneath the cleansing flood, oh. yeah

Sweet, sweet Jesus

Yes, victory in Jesus, my Savior forever He sought me, and He bought me with His redeeming blood He loved me 'ere I knew Him and all my love is due Him He plunged me to victory beneath the cleansing flood Yes, He plunged me to victory beneath the cleansing flood

## Next month we will begin a study on TRUST

## Once you have accepted Jesus how do you walk, learn and grow?