

**A BIBLICAL STUDY ON FEAR**  
**LESSON SEVEN: GOD FIGHTS MY BATTLES**

**by Sandy Harber**

**"And Moses said, unto the people, Fear ye not, stand still, and see the salvation of the Lord, which he will show to you today: for the Egyptians whom ye have seen today ye shall see them again no more for ever. The Lord shall fight for you, and ye shall hold your peace." Exodus 14:13-14**

The Hebrew people were trapped. The Egyptian army was bearing down hard on them and their only way of escape was blocked by the Red Sea. What could they do? They were terrified (Exodus 14:10). In their fear they cried unto the Lord. Then they blamed Moses and complained (vv. 11-12).

Moses' response was a resounding, "Fear not!" He told the people to stand still and be quiet because God was going to fight this battle on their behalf (vv. 13-14). Whenever I have to face a situation that has the potential to become unpleasant or confrontational I pray Exodus 14:14: "Lord, fight my battle for me." And He does! The person I was afraid to confront was pleasant and helpful. Or the battle I was mentally preparing for never materialized. The problem was resolved or explained to my satisfaction. God worked out the details for my benefit before I got into the fray and caused an upheaval.

Exodus 14:13-14 has some sound advice on how we should handle that bad kind of fear that plagues us when we anticipate an unpleasant encounter with another person. Or a situation where the outcome we desire may depend on the actions of someone else.

First of all, Moses said, "Fear ye not." Don't be afraid. Don't worry. Easy to say but not easy to do. We need a reason to not fear. We need a guarantee that the situation will turn out fine from our perspective.

Next, Moses tells the people to "stand still." Don't be so restless. Don't pace, tremble, or wring your hands. When I'm upset I tend to engage in house cleaning activities. I have that restless, pent up energy that I need to release with activity. I can't just sit still.

To stand still also means to cease whatever activities you are engaged in to resolve the situation. Stop making plans. Don't gather your weapons or resources and advance your position. Just stop all activity and be still. This isn't your battle to fight.

"See the salvation of the Lord," Moses says. Just be still and watch how God delivers you from your circumstances. This is His fight. He determines the outcome.

Verse 14 tells us plainly, "The Lord shall fight for you." God will engage the enemy. He is on your side. He is your substitute in this battle. He has the plan, the strategy, the weapons, the intelligence, etc.

Finally, Moses states, "ye shall hold your peace." Be quiet. Stay out of it. The victory is already yours because God cannot lose. Ever. We all know how this story ends. God opens up a path through the Red Sea and saves His people. Then, He drowns their enemies in that same sea.

Forty years later, as the people prepare to conquer the promised land, Moses reminds them: 1) God goes with you; 2) God fights for you; and, 3) God delivers you (Deuteronomy 20:4). If you keep these things in mind it will be easier for you to "fear not" confrontations. Stand still and be quiet. God is with you. He will fight for you. Watch and see how He delivers you.

*"For the Lord your God is he that goeth with you, to fight for you against your enemies, to save you."  
Deuteronomy 20:4*