

If you look for truth, you may find comfort in the end: if you look for comfort you will not get either comfort or truth only soft soap and wishful thinking to begin, and in the end disappear. – C.S Lewis

## Ephesians 6:14

## 1 Peter 1:13, Luke 12:35

### A. Girding and Loins

- Wrapping around the waist to hip area
- This is why some translations use the word belt.

### B. The role of a belt

- The role of a belt is to hold everything together.
- It holds up pants, keeps your shirt tucked in.
- Last piece of clothing that you put on
- Roman soldiers would put on their belt before putting on their armor.
- Belts can hold things, tape measure, knife, flashlight ect...

### C. Truth effects the way that we live

- Truth effects everything that we do
- Truth is something that we don't think of often
- Truth will change the decisions that we make – Proverbs 12:17
- If its true that abortion is murder than it should change the way that I live

## Hebrews 6:18

### D. God is truth

- God is the God of all truth because he is the Creator, and it is impossible for him to lie.
- All things exist because of his will – Ephesians 1:11
- The apostles proclaimed Gods truth – John 5:33, Romans 9:1

**John 14:6**

E. The way the truth

- Jesus is truth – **John 5:32**
- Truth doesn't change.
- Truth is not an opinion.
- Truth is a fact.
- Truth has no restraints, its freeing – **John 8:32**
- Jesus proclaimed truth because he is truth – **John 18:37**

**John 17:17**

F. Effect of truth

- Truth will affect what we do.
- The word of God effects what we do.
- The word of God should change us.
- Truth changes us.
- We should be the same if truth has effected us.

**Ephesians 4:25**

G. We are to speak truth

- We are called not to lie but to speak truth.
- Speak truth in love – **Ephesians 4:15**
- Love and truth and closely connected.
- Love rejoices in truth – **1 Corinthians 13:6**

H. Stand therefore, having fastened on the belt of truth – **Ephesians 6:14**

- The belt is the first thing you put on
- Truth is applicable in everything we do
- If you don't have truth then what do you have?
- Truth is the foundation building block to your armor

A lie gets halfway around the world before the truth has a chance to get its pants on – Winston Churchill

